

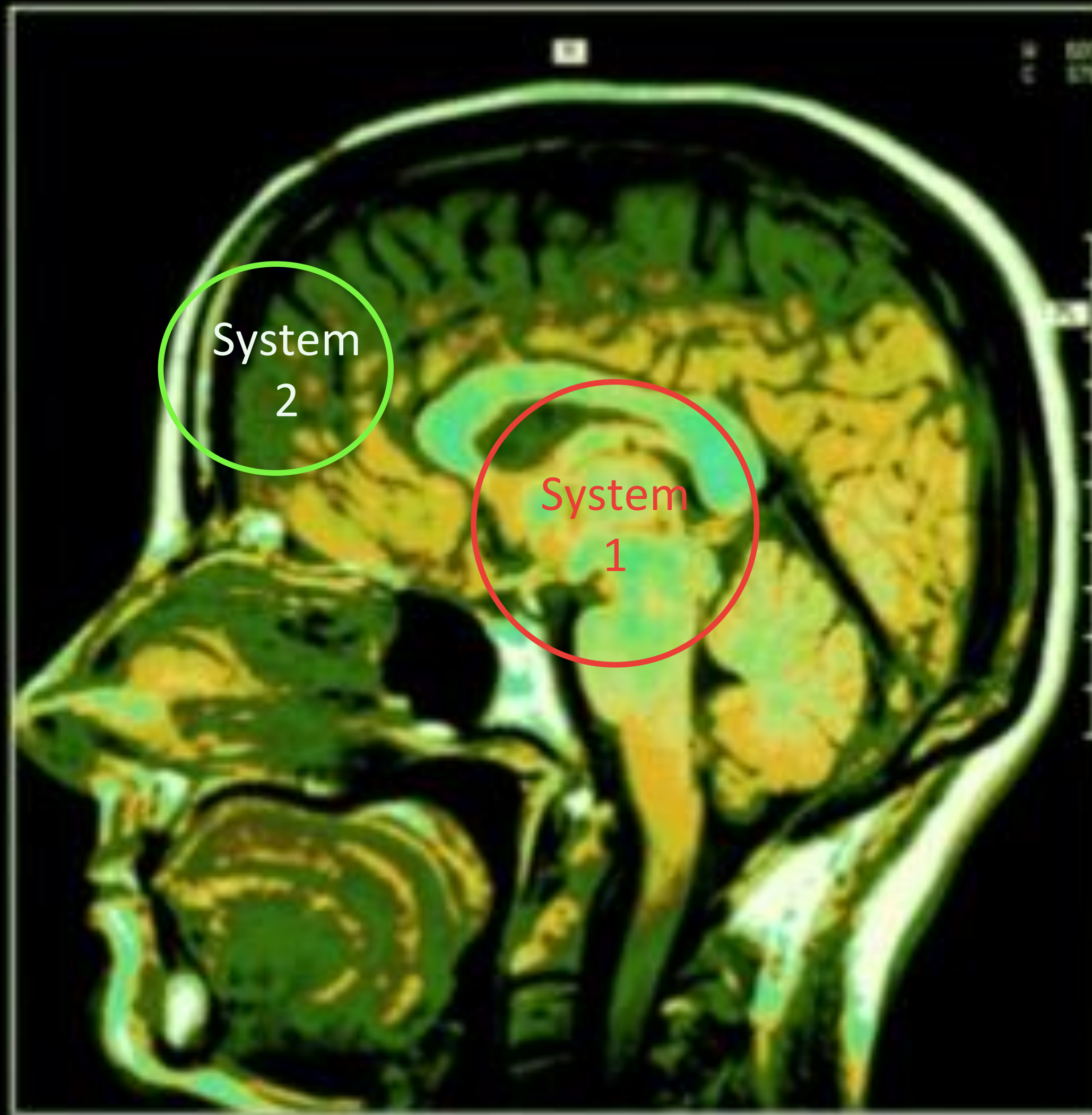
Authentic Energy for Modern Times



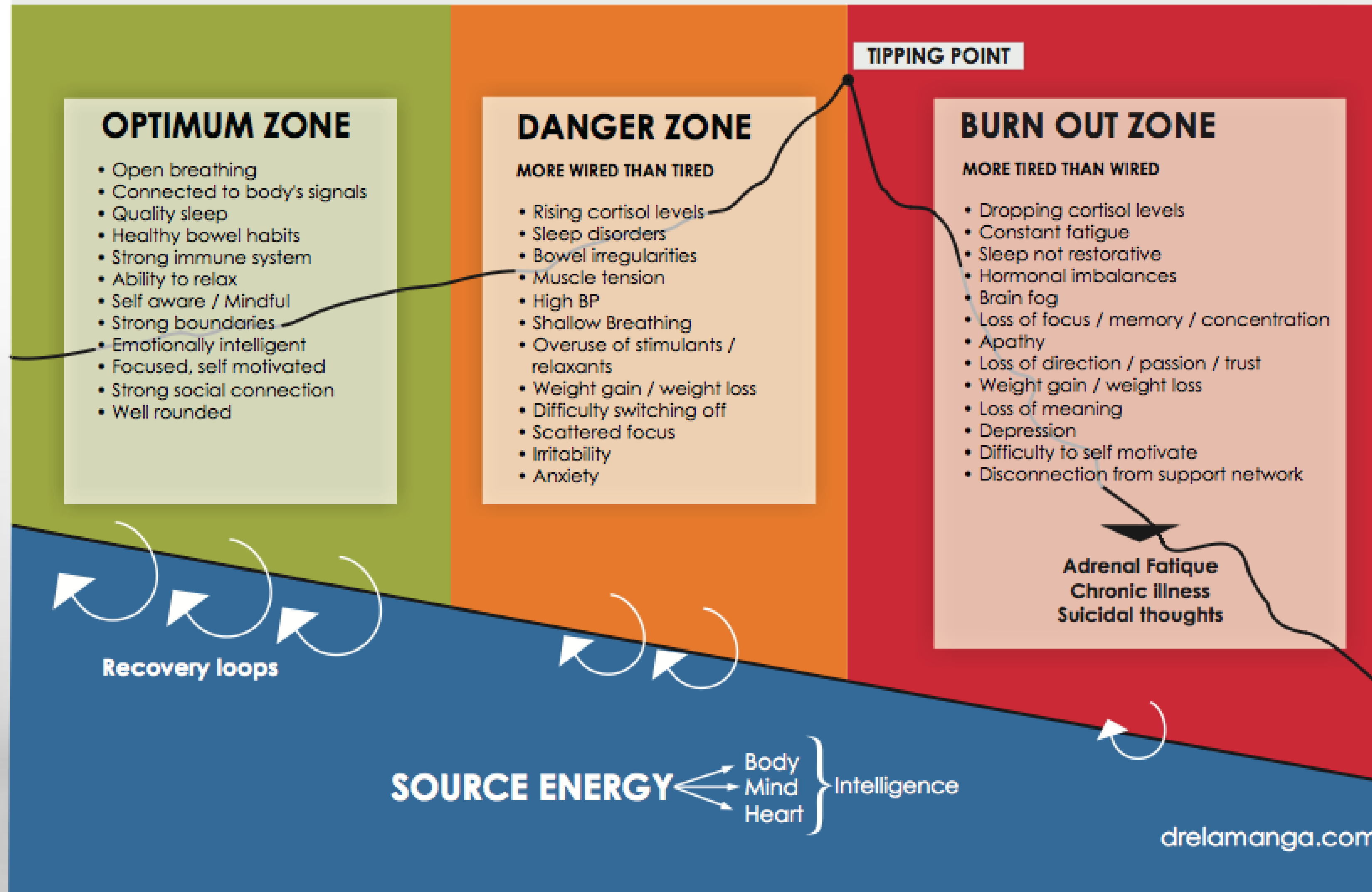


Adrenalised Energy





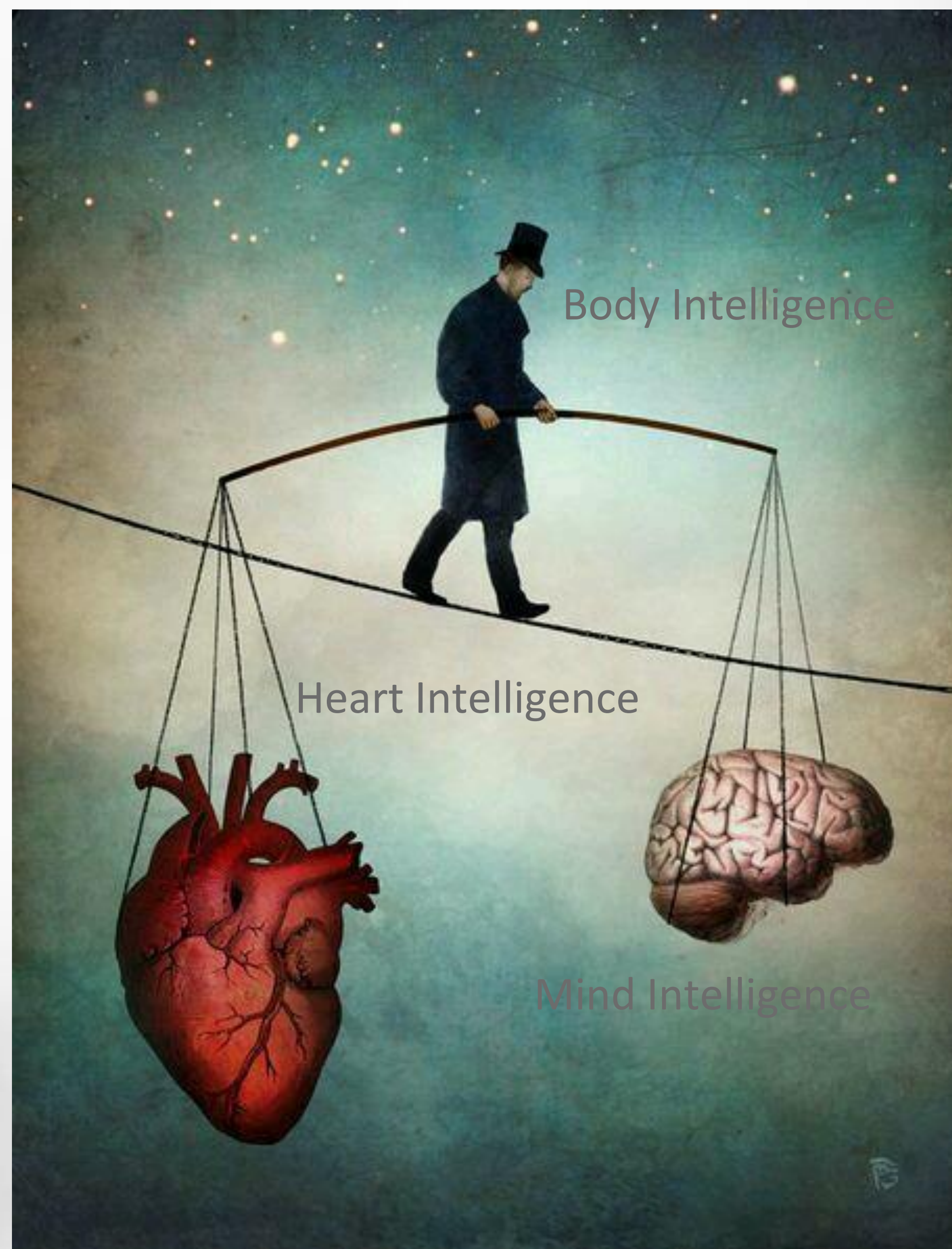
ENERGY ZONE MAP ©





Upgrading Software





Body Intelligence

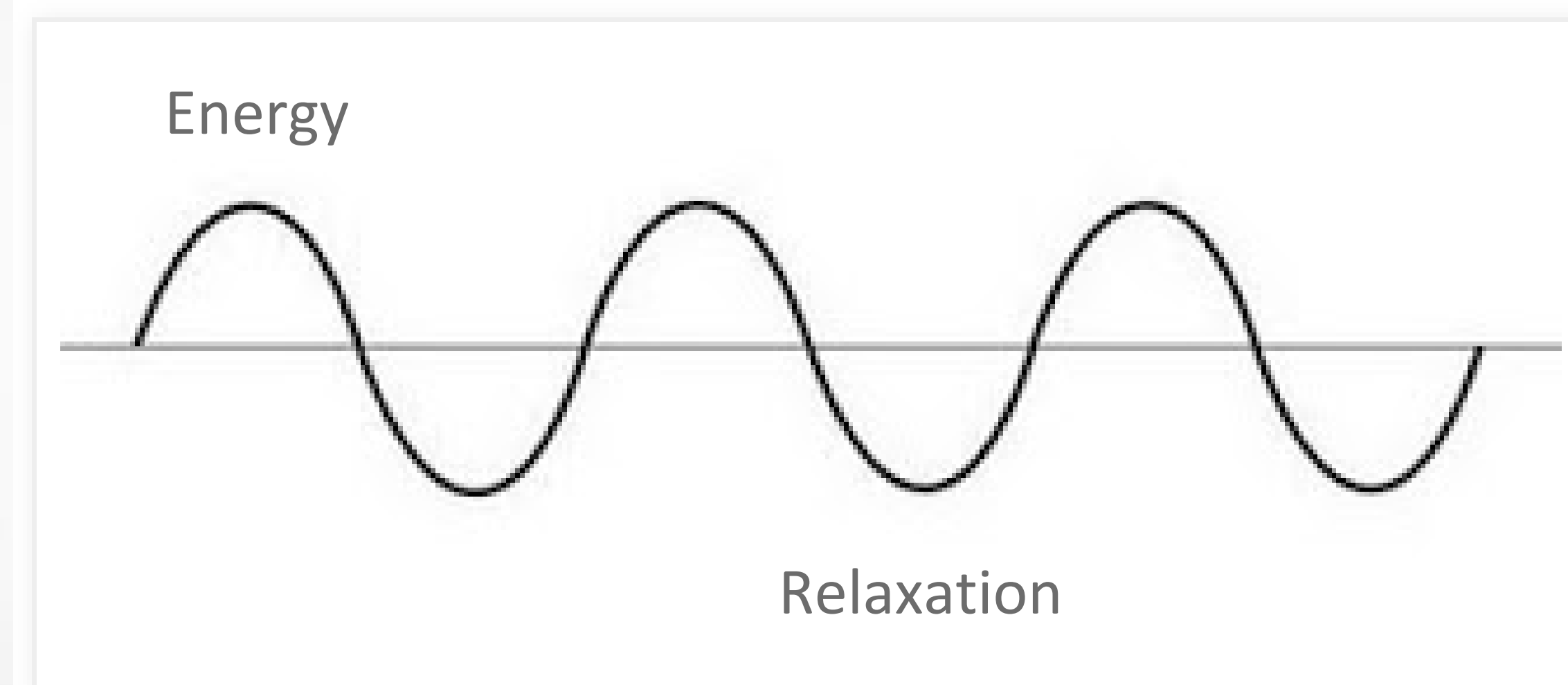
Heart Intelligence

Mind Intelligence



The Skill of Energy Mastery

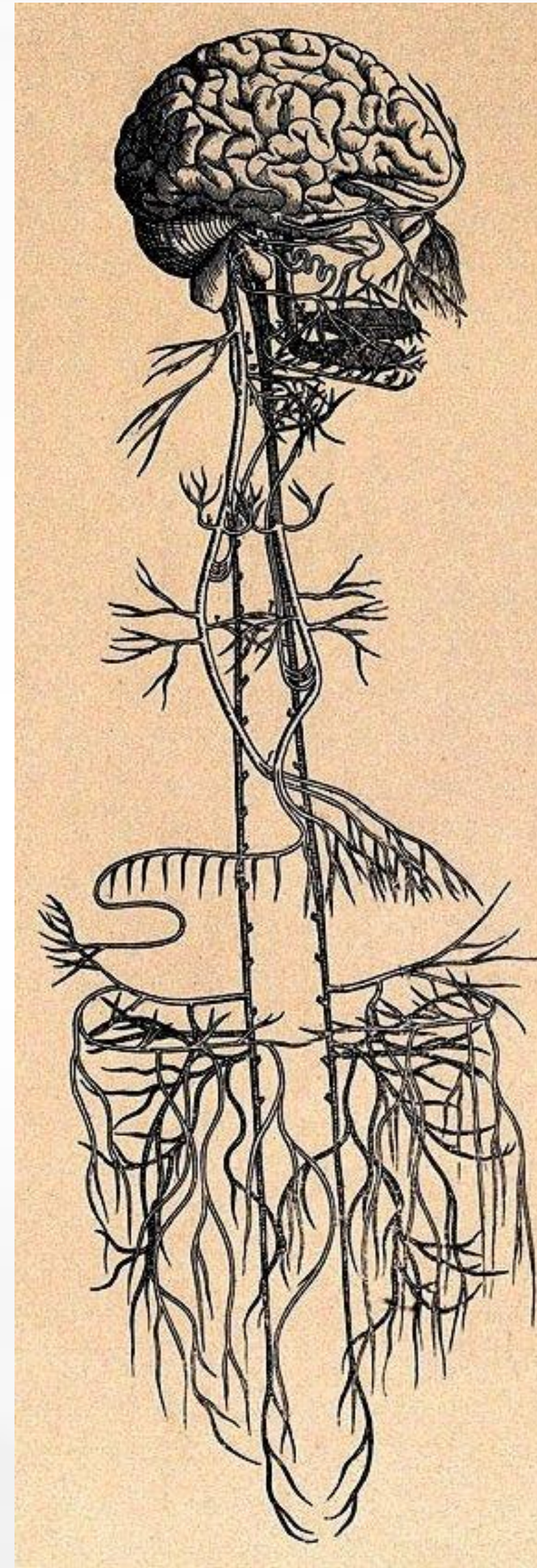
Awareness



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The Vagus Nerve





Just Breathe

Breathing for Balance
5-5-5

Breathing for Energy 20
waves

Breathing for Relaxation
1:2





“ For the first time in history the survival of the human race is dependent on the radical shift of the human heart ”

- Eric Fromm



Thank you

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